

8. Conclusion

The Idhaya Mithra initiative is more than a training program; it is a movement to empower individuals and save lives. With the visionary leadership of Shri. Manjit Singh Nayar and Dr. Swati Paliwal, this initiative is poised to create a lasting societal impact. Through its phased implementation plan, GNCCOI aims to train more than 1 lakh individuals and build a community where every individual is equipped to save lives in critical moments.

As we continue our journey, let us remember that every second counts during a cardiac emergency, and a well-trained individual can be the difference between life and death. Let us join hands to make “Idhaya Mithra” a landmark initiative and a true friend of the heart.

Pilot Launch of Idhaya Mithra







A Special CPR session was conducted for first year girl students along with Agni Pookal Team







A Special CPR session was conducted for NSS volunteers of other colleges where Dr. Vaneetha Agarwal, NSS Coordinator from University of Madras was the Chief Guest







Glimpses of CPR training given to students between February to March, 2025 where around 2000 students given Hands on Training













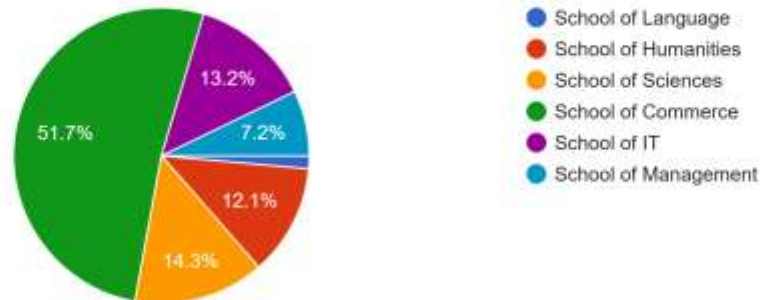




Student Feedback on CPR Training (Idhaya Mithra)

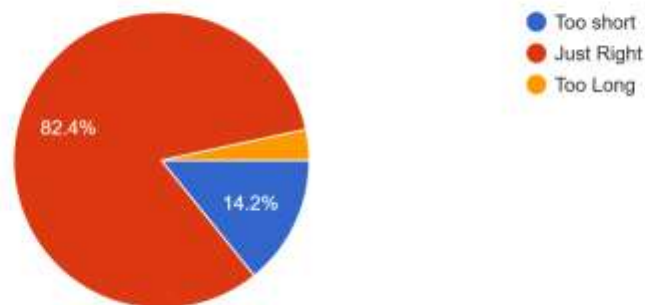
Name of the School

922 responses



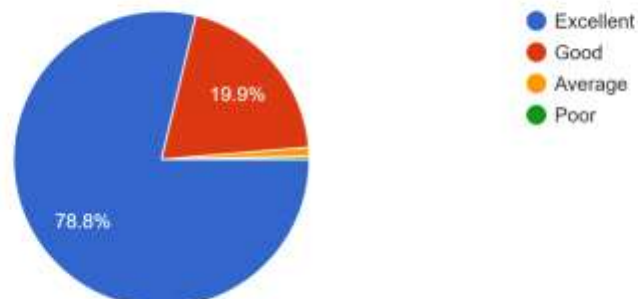
Was the duration of the training session sufficient?

923 responses



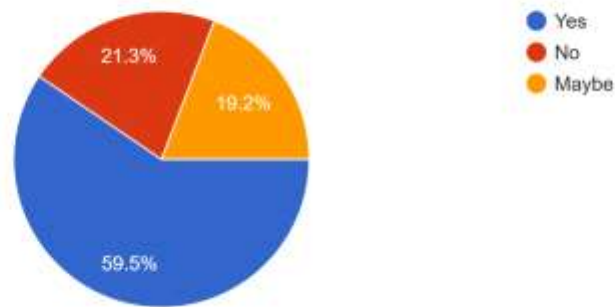
How would you rate the instructor's effectiveness in explaining CPR techniques?

923 responses



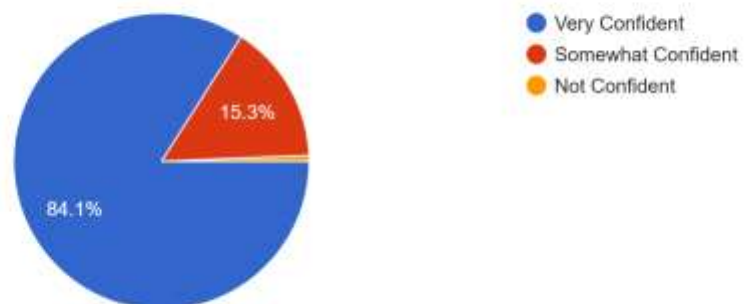
Do you feel you need additional training or practice?

923 responses



How confident do you feel in performing CPR after this training?

923 responses



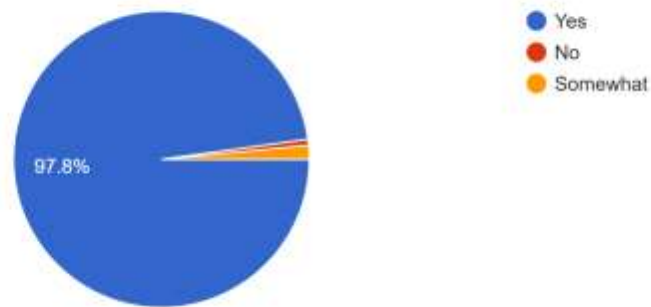
Were the demonstrations and hands-on practice sessions helpful?

923 responses



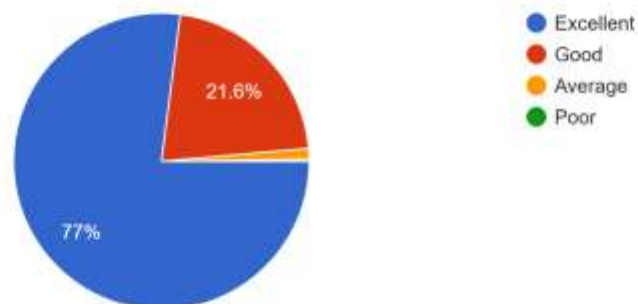
Was the training session engaging and interactive?

923 responses



How would you rate the overall CPR training session?

923 responses



Degree Programme

922 responses

